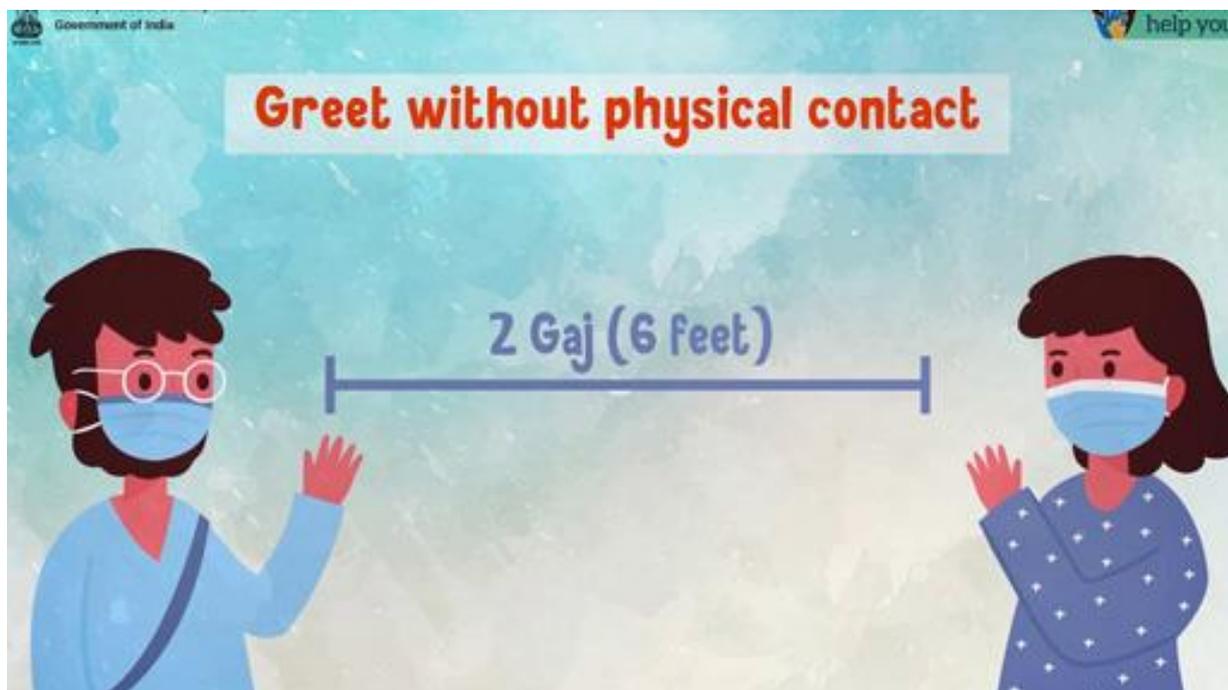


PROMOTING COVID APPROPRIATE BEHAVIOUR



PANTHERS PROTECT PANTHERS

MASK ON:

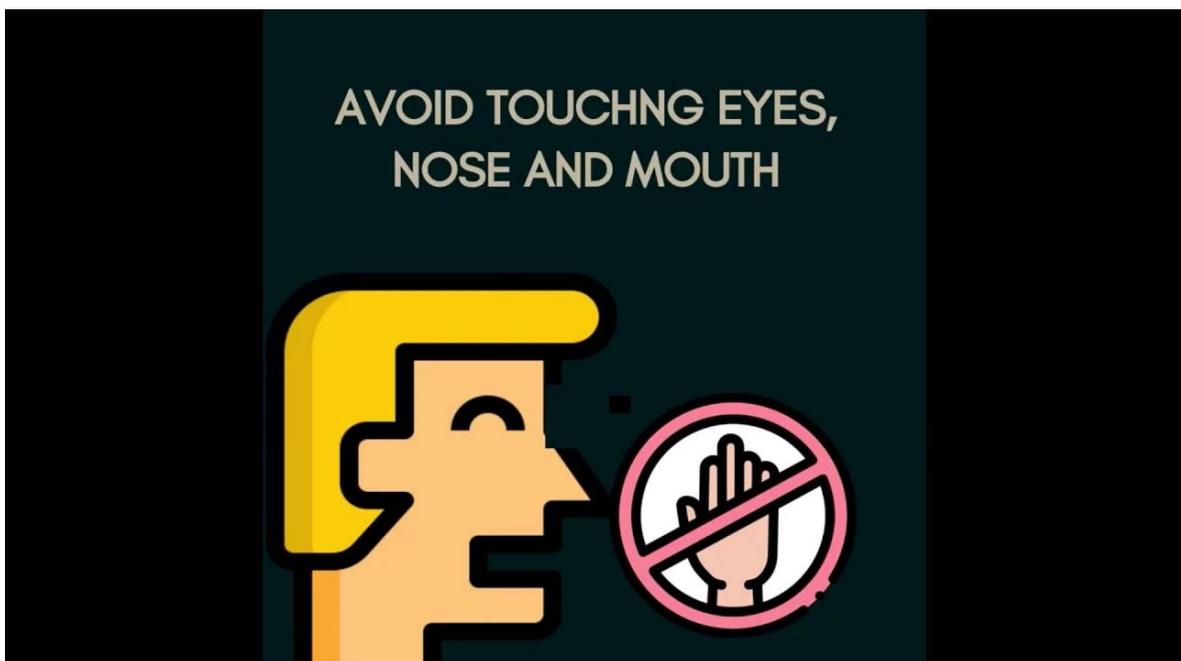
- Get Food
- Find Table
- Warm Food
- Toss Garbage
- Go Potty
- Say Hello to Friend
- Read Book
- Do Homework
- Talk on Phone
- Text/Message/Chat

MASK OFF:

- **EATING**



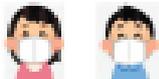
WEAR APPROPRIATE MASKS AND MASKS THAT COVER YOUR NOSE AND MOUTH PROPERLY



Social distancing

10 tips for reducing contact by 80%

Under the state of emergency, anyone is at risk of becoming infected or infecting others. Take a look at your everyday life again to protect yourself and people around you from the novel coronavirus.

1 Family reunion via video chat without visiting hometown 	2 Go to supermarkets alone or in small groups at less crowded times 	3 Enjoy jogging in small group in less crowded parks at less crowded times 
4 Do non-urgent shopping online 	5 Enjoy drinking with friends online 	6 Use remote medical services <small>*Regular health checkup should be rescheduled</small> 
7 Use videos at home for workouts, yoga, etc. 	8 Use takeout or delivery for food 	9 Work from home <small>*The medical, infrastructure and distribution sectors are exception</small> 
10 Wear a mask when talking 	Avoid the Three Cs <ol style="list-style-type: none">1. Closed spaces with poor ventilation2. Crowded places with many people3. Close-contact settings involving close-range conversations	

Washing hands, coughing etiquette, airing and health monitoring are also important.



Highest risk: Staying a long time at an indoor large gathering where it's hard to stay 6 feet apart, people are not wearing masks and people are sharing objects.

Medium risk: Staying a shorter time at an outdoor or indoor smaller gathering where people can stay 6 feet apart, wear masks and don't share objects.

Lowest risk: Connecting via video chat, social media, phone and online games.

#BREAKTHECHAIN of #COVID19 Transmission

**I hosted a virtual
dinner party!**

I worked remotely!

**I stayed
home!**

**I didn't go out
with my friends!**

SOCIAL DISTANCING

COVID-19 PREVENTION

AVOID

Greetings



Limit close contact with others, especially if they are showing flu-like symptoms.



Hugging



Shaking hands



Holding hands



Kissing



Social distancing



SANITIZE YOUR LOCALITY



COVID-19



WHAT SURFACES SHOULD YOU BE REGULARLY CLEANING?



TOILET FLUSH HANDLES



BATHROOM & KITCHEN FAUCETS



BATHROOM & KITCHEN SINKS



COUNTERS & TABLES



LIGHT SWITCHES & PLATES



DOORKNOBS & RAILINGS



STOVE/MICROWAVE CONTROLS



COMPUTERS



PHONES



REMOTE CONTROLS





COVID-19 PREVENTATIVE MEASURES

CLEANING, SANITIZING, AND DISINFECTING

<p>CLEANING REMOVES DIRT</p>	<p>SANITIZING DESTROYS SOME BACTERIA AND VIRUSES</p>
<p>DISINFECTING DESTROYS MORE BACTERIA AND/OR VIRUSES</p>	<p>IMPORTANT INFO</p> <ul style="list-style-type: none"> • The virus causing COVID-19 requires disinfecting with compounds found here: go.ncsu.edu/epacovid-19 • Always clean before sanitizing or disinfecting • Because disinfectants are harsher than sanitizers, they are not always safe for food contact surfaces • Follow manufacturer's instructions

NC STATE
EXTENSION

Stay informed: go.ncsu.edu/covid-19

Updated April 17, 2020

NC STATE
UNIVERSITY

WASH YOUR HANDS

1 Wet



2 Get Soap



**3 Scrub for at
least 20 seconds**



4 Rinse



5 Dry



cdc.gov/coronavirus



WASH HANDS FREQUENTLY



ENCOURAGE OTHERS TO WASH HANDS



Ministry of Education
Government of India

Jan Andolan for COVID-19 Appropriate Behaviour

WASHING HANDS INSTRUCTIONS



Water & soap



Palm to palm



Between fingers



Back of hands



Focus on thumbs



Fingernails



Rinse hands



Wipe with clean towel



Clean hands

WELFARE MEASURES FOR STAKEHOLDERS- students, teacher and staff, during Covid –19 situation

- . Promoting awareness through poster competitions, Mask and Sanitizer making**
- . Encouraging work from home through Online classes, examinations, meetings etc.**
- . Sanitizing the campus from time to time**
- . Masking and social distancing when in campus**
- . Maintaining mental health and reducing stress through various cultural programmes and activities on online platform**
- . Encouraging vaccination among the stakeholders and their family members**

INITIATIVES TO REACH OUT TO PEOPLE

- . Donation to the State Relief Fund and other organisations**
- . Promoting awareness among people**
- . Promoting mask and sanitizer making at home through various activities**
- . Encouraging vaccination**

