

# CREATING AWARENESS & ENCOURAGEMENT FOR VACCINATION

COVID-19 VACCINE

**Mythbusters**

my  
GOV  
मेरी सरकार



## MYTH

A person can get vaccinated without registration?

## FACT

Registration is mandatory. Only after registration, the information on the session site & time will be shared

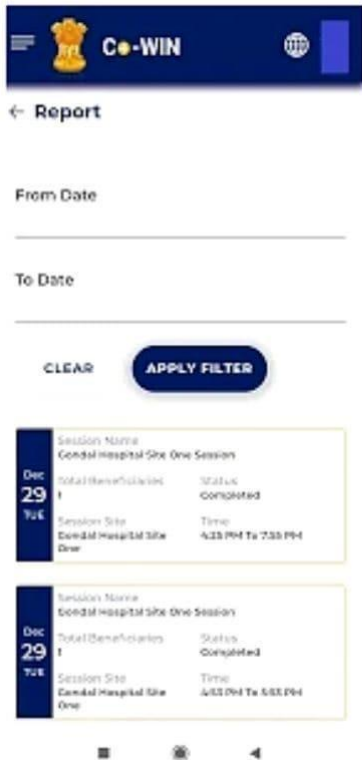




# COVID-19 Vaccines in India



## TO GET REGISTERED FOR COVID 19 VACCINATION





# COVID-19 Vaccine is SAFE!

Registration is mandatory for vaccination

Use any of the below mentioned **Photo ID** at the time of registration:  
Produce the same Photo ID at the vaccination site for verification



Aadhaar Card



Voter ID



Driving License



PAN Card



MNREGA Job Card



Service Identity Cards  
with photograph issued  
to employees by Central/  
State Govt./PSUs/Public  
Limited Companies



Passport



Smart Card issued by  
the RGI under NPR



Pension document  
with photograph



Official identity  
cards issued to  
MPs/MLAs/MLCs



Passbooks with  
photograph issued  
by Bank/Post Office



Health Insurance  
Smart Card issued  
under the scheme of  
Ministry of Labour

24/7 Helpline No.: 1075 (Tollfree)

# KNOW THE VACCINATION PROCESS



## STEP 1

Candidate registers on CoWIN app  
Receives SMS with time and date

## STEP 2

Candidate reaches vaccination site  
Shows the SMS to vaccination officer

## STEP 3

Vaccination officer scans identification document

## STEP 4

Candidate's details on CoWIN app verified  
Verification using OTP received via SMS

## STEP 5

Candidate is vaccinated  
Vaccination officer updates data on CoWIN app

## STEP 6

Candidate gets another SMS and OTP  
Details of appointment for second dose

## STEP 7

Recipient has to wait for 30 minutes  
To be observed for any allergic reaction



## SECOND DOSE 12-16 WEEKS AFTER FIRST DOSE

### Why Revising the Gap To 12-16 Weeks for Covishield Makes It More Effective?

The first dose of a vaccine (called the prime dose) evokes your immune system and leads to the activation and proliferation of the body's defense cells. The number of these cells increases after the prime dose, peaks and then declines due to cell death. The second dose of a vaccine called the booster dose is optimal at a time point when the number of defense cells produced by the primary dose has declined. It is important here to emphasize that the second dose exposes the remaining defense cells to the viral antigen and leads to an increase in their lifespan. It has been observed that a time interval of several weeks between the first and second vaccine doses can be necessary to obtain optimal immune system responses.

Different vaccines have different needs with respect to the minimum interval between subsequent doses.

As per a Lancet study the efficacy of the Covishield vaccine increased when the shots were administered at a gap of 12 or more weeks. The numbers suggest that the efficacy was around 81.3% when the second dose of Covishield was given at an interval of 12 or more weeks. Whereas, the efficacy was around 55.1% when given at an interval of less than 6 weeks.

## Do's & Don'ts: home quarantine

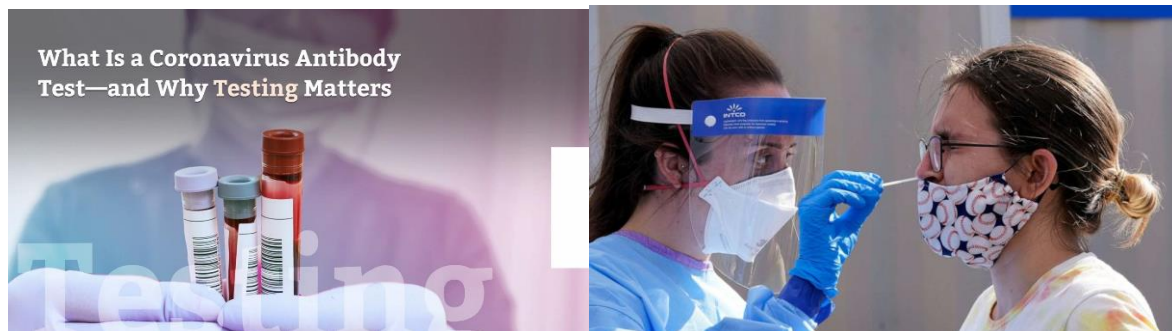
### DO:

- ✓ Stay at home in a separate room to others. No visitors
- ✓ Rest, hydrate and eat healthy foods
- ✓ Keep in touch with family and friends through social media, calls and text messages
- ✓ Monitor your health for symptoms of:
  - Fever**
  - dry cough & sore throat**
  - difficulty breathing**
- ✓ If you develop symptoms, call your health provider - they will give you instructions on next steps

### DON'T:

- ✗ Go to work, preschool, school, or university
- ✗ Go to church or other places of worship
- ✗ Catch taxis, buses or any other public transport
- ✗ Participate in social or sports activities, family gatherings and weddings
- ✗ Share food, drinks, utensils, kava cups with others
- ✗ Go to supermarkets, cafes, restaurants, markets or other such places

## STOP THE SPREAD----- GET YOURSELF TESTED



# What Your Test Results Mean

Accessible version available at <https://www.cdc.gov/coronavirus/2019-ncov/testing/diagnostic-testing.html>

## If you test positive for COVID-19

TAKE STEPS TO HELP PREVENT THE SPREAD OF COVID-19



### STAY HOME.

Do not leave your home, except to get medical care. Do not visit public areas.



**STAY IN TOUCH WITH YOUR DOCTOR.**



### GET REST AND STAY HYDRATED.

Take over-the-counter medicines, such as acetaminophen, to help you feel better.



### SEPARATE YOURSELF FROM OTHER PEOPLE.

As much as possible, stay in a specific room and away from other people and pets in your home.

## PERIOD OF HOME ISOLATION





World Health Organization

# Home care for people with suspected or confirmed COVID-19

Take care of yourself and your family

## For ill people

If you are ill with fever and cough



Clean hands frequently with soap and water or with alcohol-based hand rub.



Stay at home; do not attend work, school or public places. Rest, drink plenty of fluids and eat nutritious food.



Stay in a separate room from other family members, but if not possible wear a medical mask and keep a distance of at least 1 meter (3 feet) from other people. Keep the room well-ventilated and if possible use a dedicated bathroom.



When coughing or sneezing, cover mouth and nose with flexed elbow or use disposable tissue and discard after use. If you experience difficulty breathing, call your health care facility immediately.